



Vinagarður Reykjavík - IS

Results of the testing of four
projects in special education





Our four projects to test:

- I play happily – I speak nicely - Lithuania
- Making bubbles - Estonia
- Puzzle me and us - Lithuania
- Tangled rubber bands - Estonia



I play happily
I speak nicely

Key words: Happiness, interest, endurance and focus

The activity also strengthens the abilities to follow instructions, cooperation and expression

4 Stations: Fine motorskills, language stimulation and breathing exercises



Puzzle me and us

Keywords: Excitement, happiness, curiosity, anticipation

The activity also promoted group work, taking turns/waiting and following instructions

Making bubbles

Key words: Happiness, interest, surprise, understanding a bodily function

Would have been interesting to try in an outdoor setting





Tangled rubber bands

Keywords: Focus, endurance, resilience and resourcefulness, range of emotions

Used also yarn, ribbons and adhesive tape on the toys/animals

